



SUPER S.T.A.R.S.

Super Supportive Teaching for Achieving Remarkable Success

CHILD RESEARCH & DEVELOPMENT CENTER

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☀️ What's New at SUPER S.T.A.R.S. ☀️

1. School Readiness Program

Preparing young learners for success by building foundational academic, social, and emotional skills in a structured, nurturing environment.

➡ **More on page 2**

2. After-School Program

An engaging and supportive program designed to help children continue learning, developing social skills, and exploring their interests beyond school hours. ➡ **More on page 2**

3. Free Vocational Screening – Ages 12+

Helping teens and young adults identify strengths, skills, and career interests through free vocational screenings to better prepare for independent futures. ➡ **More on page 2**

4. Holistic Growth at SUPER S.T.A.R.S. – Now with an In-House Hair Salon

We are excited to introduce our very own in-house hair salon, providing children with a safe, supportive, and familiar environment for grooming while fostering confidence and independence. ➡ **More on page 3**

5. Welcoming Visionary Leaders to Our Advisory Board

We are honored to have new thought leaders join our Advisory Board, bringing expertise and passion to strengthen our mission of empowering neurodivergent children. ➡ **More on page 3**

6. Growing Together: Welcoming New Staff to the SUPER S.T.A.R.S. Family

We are thrilled to welcome talented new staff members who share our vision and dedication to holistic child development. ➡ **More on pages 4 & 5**

1. School Readiness Program

Ongoing Enrollment,
Each session: 2 hours
30 minutes

Our thoughtfully designed School Readiness Program supports your child's unique developmental journey, preparing them for a smooth and confident transition into school life.



The program focuses on:

- Emotional Readiness: Building self-regulation, resilience, and confidence.
- Social Skills: Encouraging peer interaction, turn-taking, and cooperation.
- Academic Foundations: Strengthening pre-literacy, numeracy, and cognitive skills.

2. After-School Program

Weekdays and Weekends/ One-on-One Sessions and Group sessions.

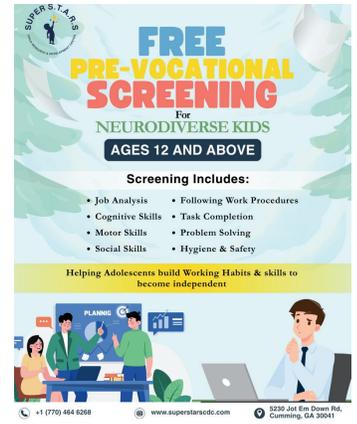
Designed for personalized learning and growth, this program offers:

- Individualized Guidance: Tailored strategies to meet each child's needs.
- Holistic Development: Fostering communication, creativity, and problem-solving.
- Well-Being Focus: Emphasis on balancing academic learning with emotional health.



3. Free Vocational Screening – Ages 12+

Limited Appointments Available – Book Now
Helping adolescents explore their potential, this screening evaluates:



- Work Habits – Time management, responsibility, and task follow-through.
- Skill Development – Practical, social, and problem-solving skills.
- Independence Building – Preparing for future education, work, and community living.



4. Upcoming IAPA Meeting

Date: 8/20/2025, Time: 6:00 PM

We are honored to facilitate the upcoming Indian American Psychiatric Association (IAPA) meeting at our Super Stars auditorium, welcoming a group of distinguished psychiatrists and mental health professionals.

The IAPA is a respected national organization that brings together Indian American psychiatrists committed to advancing the understanding, treatment, and prevention of mental health disorders. The association plays a vital role in professional networking, collaborative research, clinical training, and advocacy for culturally sensitive mental health care.

Holistic Growth at SUPER S.T.A.R.S. – Now with an In-House Hair Salon

We are delighted to announce the opening of our in-house hair salon at Super Stars!

This dedicated space has been thoughtfully designed to help children overcome sensory sensitivities often associated with hair trimming, manicures, and pedicures.

Our goal is to create a safe, calming, and supportive environment where children can gradually become comfortable with grooming experiences. With our trained staff guiding the process, sessions will be adapted to each child's sensory profile — ensuring that every step is taken at their pace, with patience, empathy, and encouragement.

This exciting addition is more than just a service — it's an opportunity to build tolerance, confidence, and independence in a setting where children already feel safe and supported.



Welcoming Visionary Leaders to Our Advisory Board

1. Dr. Tyler Whitney

We were honored to welcome Dr. Tyler to Super S.T.A.R.S. Child Research & Development Center, where he had the opportunity to tour our facilities, meet our team, and learn more about our mission. During his visit, Dr. Tyler expressed that the holistic model of care we provide—integrating medical needs, therapies, nutrition, family education, and community involvement—is exactly what is needed to help neurodivergent children thrive and become independent.

He shared that our approach deeply resonated with his own vision for how children should be supported—not just focusing on individual symptoms but nurturing the whole child in a way that builds skills, confidence, and independence for life.

We are truly privileged that Dr. Tyler has graciously agreed to serve as a Board of Director on our Advisory Panel. His expertise, insights, and passion for advancing care for neurodivergent children will be invaluable as we continue to expand our services and make a lasting impact on the families we serve.



2. Dr. Nadrat Nuhu – Licensed Clinical Psychologist (Wisteria Psychological and Behavioral Services)



We were honored to welcome Dr. Nadrat Nuhu to Super Stars. Known for her compassionate, evidence-based approach, Dr. Nuhu shared one of her favorite affirmations:

“You can do hard things.”

She explained how this resonates deeply with her philosophy — that therapy is not about changing who a person is, but about equipping them with the tools, strategies, and emotional support they need to navigate

challenges with confidence. Her approach emphasizes acceptance, education, and compassionate care, with a strong focus on fostering independence, communication, and self-confidence while respecting each individual's unique needs.

During her visit, Dr. Nuhu expressed high praise for our programs and clinical standards, and she agreed to collaborate with Super Stars by offering training for our staff on de-escalation strategies. This collaboration will further enhance our ability to support children and families during challenging moments, ensuring safety, empathy, and effectiveness in our care.

3. Dr. Michael Morrier, PhD, BCBA-D – Associate Professor, Department of Psychiatry & Behavioral Sciences

We were also delighted to host Kristin Quinn and Allison Street from the Forsyth County Board of Education. They toured our facility, observed our programs in action, and commended our holistic approach and commitment to evidence-based practices. Both expressed that they were very impressed with the initiatives we have launched to support children's learning, emotional growth, and overall development. He expressed high praise for our vision and programs, while also engaging in thoughtful discussions about the challenges and opportunities inherent in running a truly integrated model of care. His insights will serve as an important guide as we continue refining our services to ensure excellence and sustainability.



Growing Together: Welcoming New Staff to the SUPER S.T.A.R.S. Family



Ms. Shasheen Scott – Center Manager

Sheena has over three years of experience in ABA clinic operations, she ensures therapists, techs, and aides have the support they need to help children succeed. Her favorite moments are the big team celebrations when a child meets a milestone—those “WOOOHOO!!!” moments that remind us why we do what we do.

Ms. Preethika Suresh – Outreach Coordinator



Preethika leads initiatives to engage families, schools, and community partners, ensuring that more children and families are aware of and can access the holistic services offered at Super Stars. With a passion for advocacy and collaboration, she helps spread awareness about

neurodivergent care, builds partnerships, and strengthens community involvement in our mission of helping children learn, grow, and thrive.

Ms. Simran Keshwani – Nutritionist

At Super S.T.A.R.S., Simran focuses on uncovering the root causes of chronic symptoms through advanced functional testing, including food sensitivities, gut health, and genetics. She designs personalized nutrition and supplement



plans with practical meal guidance, helping each child improve energy, resilience, and overall well-being.

Ms. Kristen – Registered Behavior Technician (RBT)

Kristin Farmer joined the team as an RBT. She got into ABA by chance and has spent the last two years witnessing its profound impact on children and families. She describes seeing the quality of life improve through ABA therapy as “one of the greatest joys of my life.”



Ms. Bailey – Behavior Technician



A graduate of Mississippi State University with a degree in Educational Psychology (focus in Child Development & Speech-Language Pathology), she is passionate about helping every child reach their full potential. She finds joy in watching children achieve milestones and is proud to work alongside a team that truly cares.

Both bring energy, dedication, and specialized skills to enhance our behavioral therapy team. We’re thrilled to have them join the Super Stars family!

Guided by Great Minds: Prominent Visitors to Our Centre

1. Kristin Quinn & Allison Street – Board of Education, Forsyth County

We were also delighted to host Kristin Quinn and Allison Street from the Forsyth County Board of Education. They toured our facility, observed our programs in action, and commended our holistic approach and commitment to evidence-based practices. Both expressed that they were very impressed with the initiatives we have launched to support children’s learning, emotional growth, and overall development. Their encouraging words reaffirm our mission and inspire us to continue delivering high-quality, integrated services for our community.



Working Together for a Greater Cause: Collaboration with

1. Dr. Joanna Lomas Mevers, PhD, BCBA-D — Director of Clinical Operations, Marcus Autism Center, Assistant Professor, Department of Pediatrics, Division of Autism and Related Disorders, Emory University School of Medicine.

Dr. Lomas Mevers shared her strong commitment to supporting Super Stars in advancing our expertise in Complex Behavior Support Programs. She assured us of her guidance and training in this area, along with leadership support to our Family Support and Care Coordination services team and valuable insights for our School Consultation Program.

Her willingness to collaborate marks an exciting step forward in strengthening our programs and ensuring that children and families receive the most effective, evidence-based care possible.

2. Dr. Lillie Huddleston, *Psychologist, PhD.*

With over 15 years of experience in education, psychology, and school administration, Dr. Huddleston brings a wealth of expertise and compassionate care to individuals navigating the complexities of Autism Spectrum Disorder(ASD), Attention-Deficit/Hyperactivity Disorder (ADHD), and learning disabilities. Her dedication to holistic, individualized care and her ability to bridge the gap between clinical expertise and educational practice make her an invaluable resource for advancing the quality of services for neurodivergent learners.

OUR RESEARCH BLOG

The Importance of Parent Involvement in Occupational Therapy at Superstars

Parent involvement is essential for maximizing the effectiveness of occupational therapy. Parents play a key role in reinforcing therapy goals at home, and when they actively participate in their child's treatment, children achieve better outcomes.

Research Insight:

A study conducted by Baker-Ericzen et al. (2005) found that “parents who were actively involved in their child's therapy saw greater improvements in behavior, communication, and self-care skills, demonstrating the importance of collaboration between parents and therapists.”

How Superstars Helps:

At Superstars, we prioritize collaboration with parents. We offer workshops and training sessions to teach parents how to implement OT strategies at home. Whether it's using visual schedules to help children complete daily tasks or creating sensory-friendly spaces at home, our goal is to equip families with the tools and knowledge they need to support their child's progress.



From the Founders' Desk

Dear Families, Friends, and Supporters,

At SUPER S.T.A.R.S., our mission is simple: to empower neurodivergent children and their families through compassionate, holistic care. This year, we've expanded with new programs like our School Readiness and After-School initiatives, and even added an in-house hair salon to support everyday growth and independence.

We are also honored to welcome visionary leaders to our Advisory Board and new staff members to our team—each bringing expertise and passion to strengthen our mission.

As parents ourselves, we know this journey comes with challenges, but also with incredible possibilities. Together—with families, educators, and our community—we are building a model that nurtures the whole child and prepares them for independence.

Thank you for believing in our vision and walking this journey with us.

With gratitude,

Ravi Nangunoori & Sravani Gunda